

You can set up Screen Time and create settings right on their device or you can [use Family Sharing](#) to configure your child's device from your own device.

1. Open **Settings** on your device.
2. Select **Screen Time**.
3. Tap **Set Up Screen Time for Family**.
4. Follow the prompts to set it up for an existing child account or create a new account.

Schedule downtime, set app limits, create parent passcode, set content and privacy restrictions.

<https://appletoolbox.com/how-to-use-screen-time-with-your-family-sharing-account/>

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